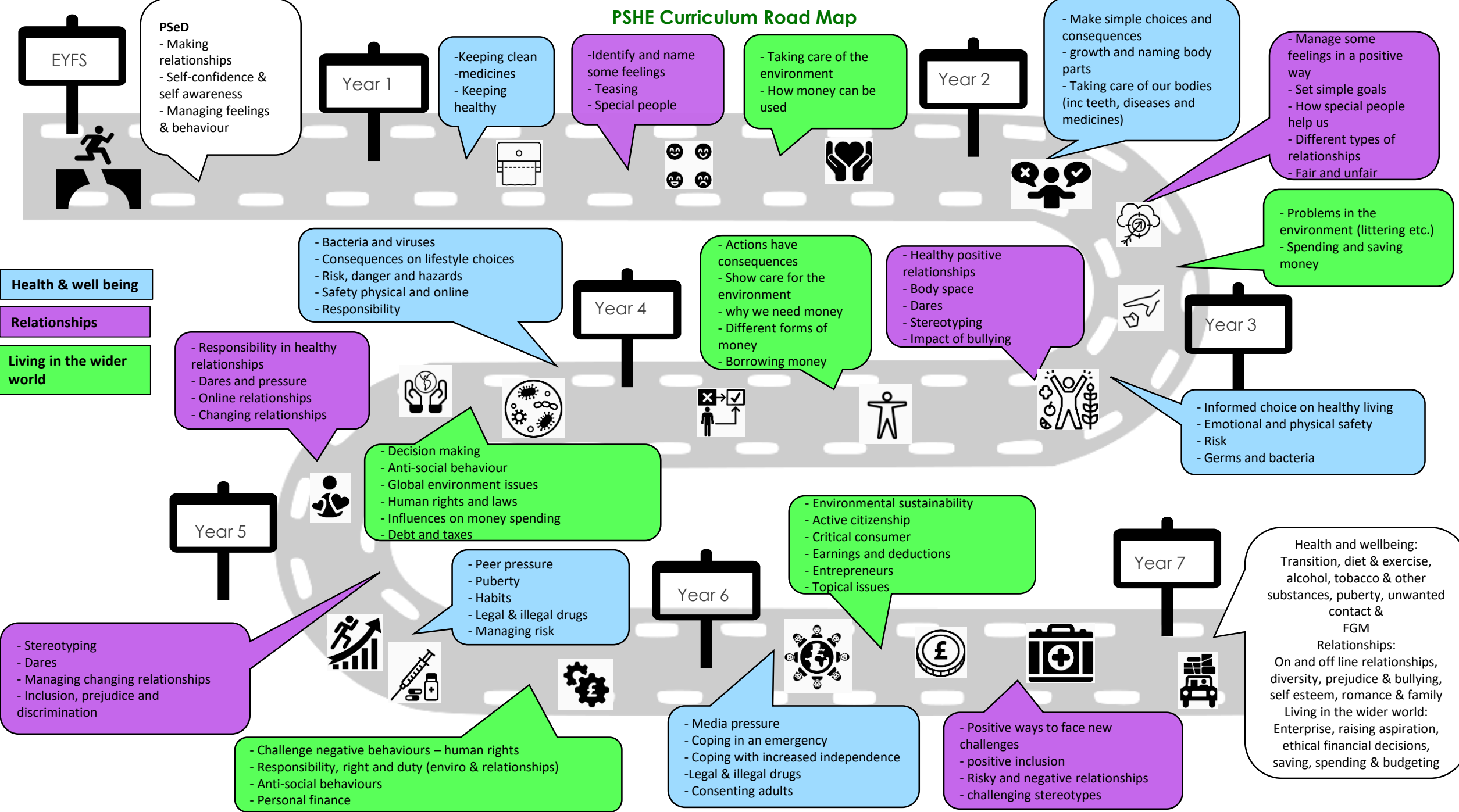


# PSHE Curriculum Road Map



- Health & well being**
- Relationships**
- Living in the wider world**

**EYFS**

- Making relationships
- Self-confidence & self awareness
- Managing feelings & behaviour

**Year 1**

- Keeping clean
- medicines
- Keeping healthy

- Identify and name some feelings
- Teasing
- Special people

- Taking care of the environment
- How money can be used

**Year 2**

- Make simple choices and consequences
- growth and naming body parts
- Taking care of our bodies (inc teeth, diseases and medicines)

- Manage some feelings in a positive way
- Set simple goals
- How special people help us
- Different types of relationships
- Fair and unfair

- Bacteria and viruses
- Consequences on lifestyle choices
- Risk, danger and hazards
- Safety physical and online
- Responsibility

**Year 4**

- Actions have consequences
- Show care for the environment
- why we need money
- Different forms of money
- Borrowing money

- Healthy positive relationships
- Body space
- Dares
- Stereotyping
- Impact of bullying

- Problems in the environment (littering etc.)
- Spending and saving money

**Year 3**

- Informed choice on healthy living
- Emotional and physical safety
- Risk
- Germs and bacteria

- Responsibility in healthy relationships
- Dares and pressure
- Online relationships
- Changing relationships

- Decision making
- Anti-social behaviour
- Global environment issues
- Human rights and laws
- Influences on money spending
- Debt and taxes

**Year 5**

- Peer pressure
- Puberty
- Habits
- Legal & illegal drugs
- Managing risk

**Year 6**

- Environmental sustainability
- Active citizenship
- Critical consumer
- Earnings and deductions
- Entrepreneurs
- Topical issues

**Year 7**

- Stereotyping
- Dares
- Managing changing relationships
- Inclusion, prejudice and discrimination

- Challenge negative behaviours – human rights
- Responsibility, right and duty (enviro & relationships)
- Anti-social behaviours
- Personal finance

- Media pressure
- Coping in an emergency
- Coping with increased independence
- Legal & illegal drugs
- Consenting adults

- Positive ways to face new challenges
- positive inclusion
- Risky and negative relationships
- challenging stereotypes

**Health and wellbeing:**  
Transition, diet & exercise, alcohol, tobacco & other substances, puberty, unwanted contact & FGM

**Relationships:**  
On and off line relationships, diversity, prejudice & bullying, self esteem, romance & family

**Living in the wider world:**  
Enterprise, raising aspiration, ethical financial decisions, saving, spending & budgeting